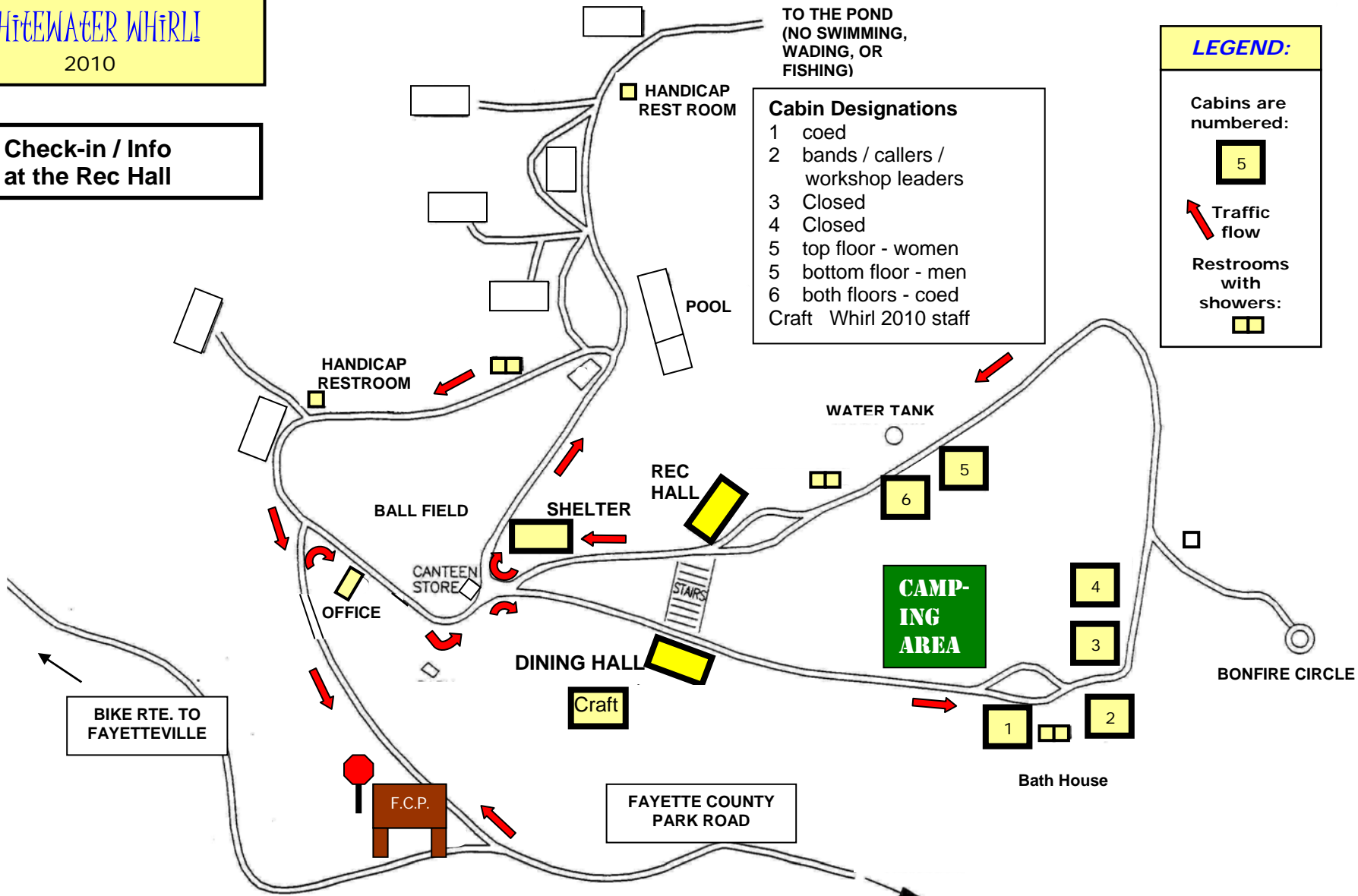


Whitewater Whirl 2010...Schedule of Events

Fri, Apr 30	Dining Hall	Dance Hall
06:00 - 07:00	Pre-paid dinner	
07:00 - 08:00		Registration begins
08:00 - 09:30		Contra Dance Part 1 Shawn & Figments
09:30 - 10:00		Break with shared snacks.
10:00 - 11:30		Contra Dance Part 2 Gaye & Contrarians
After hours	Group sing w/Suz	
Taking a pro-guided trip Saturday? Leave for your outfitter's location 20 minutes before your scheduled check-in		
Sat, May 1	Dining Hall	Dance Hall
07:00 - 08:00	Coffee available	
08:00 - 09:00	Breakfast	8:30 Yoga Stretches with Kay Huey
09:00 - 10:00		Challenging Contras: Gaye & Contrarians
10:15 - 11:30		Irish Sets: Owen and Ethan
11:30 - 12:30	Lunch	
12:30 - 1:45		Squares: - Shawn & Contrarians
02:00 - 03:15	Cajun/Zydeco w/Suz	Dutch Crossing dance: Gaye & Contrarians
03:30 - 05:00		Afternoon Dance: Gaye / Shawn & Figments
05:00 - 07:00	Dinner	
07:30 - 09:30		Evening Dance Part 1: Shawn & Contrarians
09:30 - 10:00		Break with shared snacks.
10:00 - 12:00		Evening Dance Part 2: Gaye & Figments
Sun, May 2	Dining Hall	Dance Hall
07:00 - 08:00	Coffee available	
08:00 - 09:00	Breakfast	8:30 Yoga Stretches with Kay Huey
09:00 - 10:00	Group Sing	Open Waltz: Figments or Shawn & Friends
10:00 - 10:30		Sun Concert: Figments
10:30 - 12:00		Farewell Dance Part 1: Gaye & Figments
12:00 - 1:00	Lunch	Break with shared snacks.
01:00 - 2:30		Farewell Dance Part 2: Shawn & Figments
02:30 - 04:00	Farewell/Clean up...Thanks for choosing to Whirl...Safe Journey Home.	

FAYETTE COUNTY PARK
 BECKWITH, WEST VIRGINIA
 - home of -
WHITEWATER WHIRL
 2010

**Check-in / Info
 at the Rec Hall**



**Bath house at Cabins 5 & 6 -
 separate facilities for men and
 women**

**Bath house at Cabins 1 and 2 -
 unisex**

FAYETTE COUNTY PARK / 4-H Camp

4-H Camp: Includes the Rec/Dance Hall, Dining Hall, Stage shelter, cabins, bathhouses. We have use of all of the facilities within the 4-H Camp.

Cabin 1: coed

Cabin 2: callers, musicians, workshop leaders.

Cabin 3: Closed

Cabin 4: Closed

Cabin 5: Top: women. Bottom: men

Cabin 6: Coed / family

Craft Cabin: Whirl staff.

President's Cabin: closed

Bathhouse at Cabins 1 & 2: unisex

Bathhouse at Cabins 5 & 6: separate facilities for men & women.

Dining Hall: meals, song swap, late night jamming area.

Stage shelter: late night jamming area.

Rec/Dance Hall: dances/workshops.

Camping: [1] In the field opposite Cabin 1. [2] Between Dining Hall and Cabin 1. [3] In back of the Dance Hall, and downhill from there.

Park: All the area outside the 4-H Camp. Includes: the picnic shelters, the ball field, the basketball courts, etc. We are not permitted to use any of the other shelters. No camping is allowed in the Park area.

Fayette County Rules & Regs

1. Park opens at 8:00 am and closes at 9:00 pm [Park will be open to festival goers all hours during this weekend]
2. A 10-mph speed limit and one-way traffic designation will be enforced within the park.
3. Trash and garbage is to be disposed of and the area cleaned before leaving.
4. NO beer or intoxicating beverages are allowed on park grounds.
5. NO pets allowed! No cats or dogs.
6. NO soliciting.
7. Office Hours: 8am - 4pm, Mon-Fri 8am - 6pm, Sat/Sun
8. NO off-road vehicles allowed on park grounds.

Cleanup

- During the day Friday, Saturday, and Sunday the park staff will empty trash cans and clean restrooms.
- We are responsible for picking up trash and keeping the grounds and buildings clean
- On Sunday, all cabins must have papers, cups, bottles, cans, etc placed in the trash cans. Also the floors must be swept. We appreciate you help with the Sunday cleanup of your cabin.
- **If beds are moved or mattresses removed from beds, we will forfeit our deposit. Please, do not move beds or mattresses — If you must move them, please replace them to their original locations.**
- Also on Sunday the Dance Hall and the Dining hall have the same cleanup requirements as the cabins. Volunteers to help with hall cleanup will be very welcome.

Whitewater Whirl 2010 Meal Plan Menu

	Breakfast	Lunch	Dinner
FRI			6 – 7 PM Traditional Scones made on site Vegetable Soup with and without beef Cheese, sliced Butter Coffee, tea, juice
SAT	7:30 – 8:00 AM Coffee, Cream, Hot Water and Assorted Teas Bagels Cream Cheese 8:00 – 9:00 AM Smoked Salmon Scrambled Eggs Parmesan Grits Sausage Patties Gluten-Free Breakfast Bars Fresh Fruit Granola with Yogurt Coffee, Tea, Hot Water Half and Half, Rice Milk, Soy Milk, Honey, Sugar	11:30 AM – 12:30 PM Stuff Them Hot Tacos Cheese (cow and goat) Taco filling for Omnivores and Carnivores Filling toppers: tomato, avocado, etc. Chips Gazpacho (if it turns cold its Tomato Soup !) Assorted Cookies	5:00 – 7:00 PM Chicken Breast - stuffed Enchilada Casserole Herb's Roasted Potatoes Penne Pasta with Spring Vegetables Mixed Field Greens, Tops Homemade salad dressing Rolls (wheat and non- wheat) Raw Chocolate Pie Brownies (wheat-free)
SUN	8:00 – 9:00 AM Coffee 8:00 – 9:00 AM French Toast Fresh fruit compote Sausage Patties Gluten-Free Breakfast Bars Coffee, Tea, Juice, Assorted Milks (Rice, Soy) Granola with Yogurt	12:00 – 1:00 PM Roll Your Own ... it's a Wrap party Hummus Nut Pate Chopped Vegetables Chef's amazing encore presentations Fresh Fruit Chips Water, Juice , Coffee, Tea	

Whitewater Whirl 2010

Driving Directions

Fayette County Park / 4H Camp from: Fayetteville, WV

Fayette County Park/4H Camp is five miles west of Fayetteville, WV, near Beckwith, WV.

- At the intersection of US-19 and WV-16 [near Fayetteville, WV], take WV-16 N (toward Beckwith, WV). Go 4.4 miles
- On the right, look for brown road sign: "Fayette County Park 500 feet".
- On the left, look for green road sign: "Fayette County Park Road" and for a carved wooden sign: "Fayette County Park 4H". There will also be Whitewater Whirl signs.
- Turn left onto Fayette County Park Rd [WV County Rd 8]. Go 1.3 miles.
- The road forks. Take the right fork. Go 0.2 miles.
- At the park entrance, turn right onto the circular, one-way drive. Go about 200 feet. Look on the right for signs directing you the check-in table.

Warning

If you ask the local people in Fayetteville for directions to "Fayette County Park", they will send you to the front lawn of the county courthouse, which locally, is also called the "Fayette County Courthouse Park"

The "Fayette County Park" at which the Fall Festival is being held is known locally as the Fayette County 4H Camp.

To Fayetteville, WV from the South

- Take I-77 N to Exit 48/US-19..
- Follow US-19 N. Go 20 miles to the intersection of WV-16 (at Fayetteville, WV).
Note: WV-16 intersects US-19 several times. Be sure to go to the exit at the Fayetteville intersection. (Landmark: There is a stop light at the intersection. Tudor's Biscuit World is on the right [east]).
- Turn left onto WV-16 North.
- Follow directions above for "Fayetteville, WV to Fayette County Park".

Distance to the Park:

From Beckley, WV: 25 miles

From Bluefield, WV: 70 miles.

From Charlotte, NC: 225 miles.

To Fayetteville, WV from the North via I-79S

- Take I-79 S to Exit 57/US-19 (10 miles south of Flatwoods, WV).
- Take US-19 S. Go 53 miles to the intersection of WV-16 (at Fayetteville, WV).
- Prior to reaching the WV-16 intersection, you will cross the New River Gorge Bridge. WV-16 at Fayetteville is the first intersection south of the bridge (about 1/2 mile). It has a stop light. (Landmark: Tudor's Biscuit World is on the left [east]).
- Turn right on to WV-16 North.
- Follow directions above for "Fayetteville, WV to Fayette County Park".

Distance to the Park:

From Clarksburg, WV: 116 miles.

From Morgantown, WV: 146 miles.

From Pittsburgh, PA: 236 miles.

To Fayetteville, WV from the North via I-79S

- Take I-77 S to Charleston, WV.
- In Charleston, follow signs for I-77 S/I-64 E.
- Follow directions above for "To Fayette County Park / 4H Camp From the West":

Distance to the Park:

From Parkersburg, WV: 129 miles.

To Fayetteville, WV from the East

- Take I-64 W to junction of I-64 and I-77 (just south of Beckley, WV).
- Follow I-64 W/I-77 N to
- Take Exit 48 to North Beckley (US-19)/Summersville. Go 20 miles.
- Turn left at WV-16 (at Fayetteville, WV). Go 5.1 miles.
Note: WV-16 intersects US-19 several times. Be sure to go to the exit at the Fayetteville intersection. (Landmark: There is a stop light at the intersection. Tudor's Biscuit World is on the right [east]).
- Follow directions above for "Fayetteville, WV to Fayette County Park".

Distance to the Park:

From Beckley, WV: 25 miles.

From Lewisburg, WV: 75 miles.

From Charlottesville, VA: 210 miles.

Whitewater Whirl 2010

Driving Directions

To Fayetteville, WV from the West

Option 1: the scenic route.

Option 1 is the shortest distance to the site, and the shortest travel time to the site. It is about 25 miles shorter than Option 2 below.

However, this route follows a two lane highway. for most of the distance. There is ten mile segment in the middle of the ride that consists of a lot of up-hill-down-hill-twisty-curve driving. This segment seems to bother some folks sensitive to car sickness.

- From Charleston, WV, follow I-77 S/I-64 E to Exit 85 [Chelyan, WV]. Follow signs for US-60/Chelyan/Cedar Grove.
- Cross the "Admiral TJ Lopez Bridge".
- US-60 E [turn right off of the bridge] to WV-16 [Chimney Corners].
- Take WV-16 South to Beckwith, WV.
- Go 4.1 miles. On your right look for the store named, "The Store".
- About 50 yards past "The Store", look for Fayette County Park Road on the right.
- Follow "Fayetteville, WV to Fayette County Park" directions above [starting at Fayette County Park Rd"].

Distance to the Park:

From Charleston, WV, 49 miles.

From Huntington, WV, 93 miles.

From Lexington, KY, 218 miles.

Option 2: Interstate all the way

Option 2 is the easy route, but the longer distance and travel time to the site.

It consists of all interstate driving. However, I-77 South between Charleston and Beckley is a toll road, with two toll plazas on this segment of the road. Tolls are \$2.00 at each toll plaza.

- From Charleston, WV, follow I-77 S/I-64 E to Exit 48 [US Route 19].
- US-19 N to WV-16 (at Fayetteville, WV).
Note: WV-16 intersects US-19 several times. Be sure to go to the exit at the Fayetteville intersection. (Landmark: There is a stop light at the intersection. Tudor's Biscuit World is on the right [east]).
- Follow "Fayetteville, WV to Fayette County Park" directions above.

Distance to the Park:

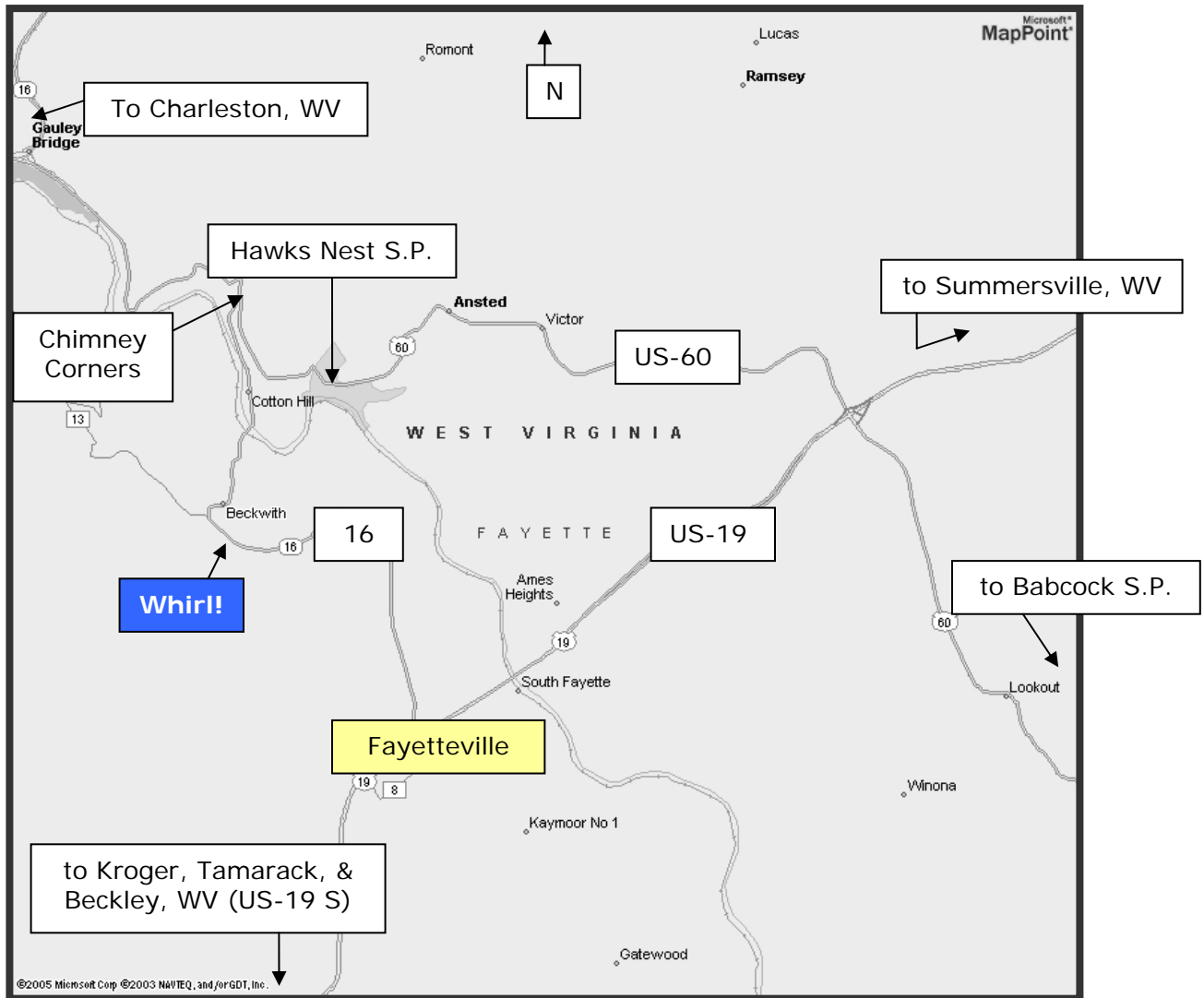
From Charleston, WV, 75 miles.

From Huntington, WV, 116 miles.

From Lexington, KY, 244 miles.

WHITewater Whirl

-local area map-



Whitewater Whirl is located at Fayette County Park, on Fayette County Park Road (Rt. 8), just east of Beckwith, WV. From Fayette County Park Road to Fayetteville is about 4 miles. The Park's phone number is 304-574-1111; hours 8-4, M-F.

Food

Daniel's Market (grocery) is in Fayetteville. Take 16 S to US-19, cross 19 and head into town. Turn R at 1st light, then take 1st left and you're there. **Kroger** (supermarket) is on US-19 3-1/2 miles S of Fayetteville in the strip mall on your right. You'll see the Super 8 Motel just off the highway near your end of the drive serving the mall.

Convenience stores

The Store is on Rt. 16 about 50 yds. from the entrance to Fayette County Park as you head toward Beckwith. **Little General** is in Fayetteville. As soon as you start up the hill into town, look for it just past the drive-thru bank and the Pizza Hut on your left.

Restaurants

Fayetteville has several, all informal, all pretty good. Here's a few. **Dirty Ernie's** (ribs & mainly domestic beer, peanut shells on the floor) – **Cathedral Café** (good food & coffee bar, best atmosphere, no alcohol) – **Gumbo's** – **Pies & Pints** (great pizzas and beer) – **The Sedona** (best food). On the other side of the Gorge, **Chetty's** at Class VI (rafting company) has a bar where rafters congregate after their trips and watch their hot-off-the-press video. Beer, burgers and sandwiches, hand-cut fries. From Fayetteville, head N on US-19, cross the New River Gorge Bridge, take second left (Ames Heights Road) and follow the signs – it's less than a mile from the highway.

Offsite food - a few nearby suggestions

The Store has a little of everything – it's a general store and gas station. On Rt. 16 just past Fayette County Park Road (The road that takes you up to the Whirl). Leave the Park and turn LEFT. It's just ahead on the left.

To get to Fayetteville, the County seat: turn right onto Rt. 16 and go 4 miles uphill to the light at US-19. Cross the highway and you're now on Court Street, the main drag. head up into town. There's a money machine at the Fayette County Bank, just ahead on your left. The following three restaurants are on or just off Court Street.

In downtown Fayetteville: Cathedral Cafe - Breakfast, lunch, and also dinner on the weekends. good food, full coffee bar, good desserts, inexpensive to moderate, great ambiance, popular with both the outdoor crowd and local bizness types. The vegetable panini sandwich is hard to beat, and I'm not a vegetarian. 574-0202. **Gumbo's Cajun Restaurant** – My only visit there, I had a po' boy catfish sandwich there which I enjoyed, and the price is right. 574-4704. **Pies and Pints Pizzeria** - not in the two downtown blocks, but on the way into town if you're coming from the Whirl. Gourmet, thin-crust pizzas, salads, sandwiches and good selection of microbrews. Heading up the hill from the light, take a sharp left at Keller Avenue (landmark: a stone and wood planter) and park on the left. 574-2200. **Sedona Grille** - Good food! Moderate prices. Has a tiny bar with a couple of microbrews on tap. Continue through downtown Fayetteville and proceed out of town - what, maybe a mile? It's on the right and you can't miss it. 574-3111.

Groceries, etc.

Besides the very nearby "The Store" (see top of page), **Daniel's Market** is a small **grocery store**; turn right at either of the two downtown stoplights, go one block, and you're there. **Kroger** – go to Fayetteville, turn right on US 19. I think it's the 2nd light after that (you'll see the New River Inn to your right and just ahead, set well back. Turn right at this light.)

Nearby: Chetty's Pub at Class VI River Runners (Smoke-free) bar. Appetizers, sandwiches, burgers, hand-cut fries. Watch the video of the latest raft trip on the big screen with those that experienced it first-hand. Located on the Gorge rim. From the Whirl, turn right onto 16 and drive to US-19. Cross the median and turn left (N). Cross the big bridge, and take your second left, onto Ames Heights Road. You're close; just follow the signs. 574-0704.

Tamarack (30 minutes away) Tamarack is the nation's first and only statewide collection of handmade craft, art and cuisine showcasing The Best of West Virginia. From hand-carved furniture to glass and pottery to Appalachian quilts, Tamarack offers only the best. You will also find a delectable array of regional specialty foods and products, as well as performances, craft demonstrations, and theatre (depending on what's going on when you are there). Plus, they feature THE BEST cafeteria food you'll EVER have, at great prices. <http://www.tamarackwv.com/> **To get there: Head to Fayetteville, take a right at the light at US-19, and keep going until you begin seeing the distinctive Tamarack signs, which you just follow.**

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self-guided activities

Bridge Haven Golf Club is an 18-hole public course with a snack bar, driving range, club/cart rentals, and weather permitting, a putting green is available. **Call:** (304) 574-2120 for tee times. **Directions:** Head to Fayetteville, cross 19, go through town center (2 lights), and continue past the downtown. At Sherry's Beer City (on right) take the left fork, which is Gatewood Road. Continue about 3.5 miles and turn left at Elverton Road, then left again at Browns Road. Bridge Haven will be on your left. Fore!

Kayaking – rentals

Backcountry Sports - 304-574-4005

On-Road Biking This part of West Virginia is mainly "hills and hollers", so you'll definitely use those lower gears. The shoulders on many of our roads are narrow and often not well-maintained. Also, many country roads - including most of the following route - are two-way, but only one lane. So keep your wits about you, and wear something bright up top. **Back way to Fayetteville:** Fayetteville is worth a visit, and a bike ride along Laurel Creek is a picturesque way to get there. Get on your bike, leave the park and head down the hill. Turn hard R at the stop sign (mile 0.0) and you're heading toward the Animal Control Center, with **Laurel Creek** on your left. At the Center, turn L, still following the creek. Reach a stop sign at 2.4 miles - there's a tall rusty structure to your left. Turn L. From this point, it's a moderate, but not steady, climb to US-19 (6.2 miles). Cross 19 and continue to a T at Fayetteville High (6.6 miles), where you'll turn L and cruise into Fayetteville. Just before you reach the light you'll pass **Daniel's Market**.

Fayetteville: Fayetteville is the county seat, and has benefited from seasonal outdoor tourism. Along with rafting, rock climbing and kayaking are the two sports that have put this area on the map. Fayetteville has a tiny downtown, but it has **several good places to eat** within a short walk, a couple small galleries, antiques, and "outdoor" shops.

The return leg is up to you. I recommend retracing your route. It's pretty, a lot of downhill, and the alternative is less safe IMO. Route 16 (which is how you got to the County Park in the first place) down to Beckwith has many curves and bad shoulders - creating real wreck potential if you need to get over at the wrong moment for a driver going 55. If you do decide to go that way, take it easy going down hill and keep your ears wide open, especially in blind curves. Don't assume drivers will be looking out for you, because they won't be.

Hiking/Walking/Driving Around

Be safe: If you plan to hike in the Gorge, bring a buddy, something to eat, and especially water.

Into the New River Gorge by car, with hiking option

Before the "Big bridge" was constructed (and you can get the story on that at the **Canyon Rim Visitors Center** - see below), the only way across the New River in this region of the county was Fayette Station Road, and it's a great drive. Turn R out of the County Park Road and proceed to US-19. (Fayetteville is dead ahead.) Turn left at US-19, cross **the New River Gorge Bridge**, and take your first right, which is the Park Service exit. Turn R and enter the **Canyon Rim Visitors Center** lot. Check this place out thoroughly, inside and out on the short overlook trails. Pick up a trail map at the counter if you like. Then, hop back in your car, exit the lot, turn right, pass the souvenir shop, and take an impossibly hard R downhill. You're on Fayette Station Rd., or Rt. 82. Wherever you have a choice thereafter, head downhill, and you'll reach the bottom of the Gorge. Cross the **Fayette Station bridge**; it's a near-replica of the one taken down a few years ago, and proves that once in awhile, the actually do build 'em like they used to. You can pull over and park once you've crossed, and walk back onto the bridge. Look downstream - that's the Fayette Station Rapids. It's fun to **watch rafters and kayakers** run that rapid, and you may see a few, depending on when you arrive - later is better. To get right down on the **New River** for a great view, drive downstream a short distance until you reach a fork. Left will take you back out of the Gorge. (Don't turn around! Fayette Station Road is one way!) Instead of taking that left just yet, continue straight over a small wooden bridge and on into the parking lot. Get out, and look toward the river. You're looking at a belt of trees. Thread your way through those trees, taking whatever path you find. You'll have to climb over a few boulders before you reach the water, where you'll see the rapid. Find yourself the perfect boulder, sit and enjoy the BIG water. Eat lunch if you have it, or save it for later.

Okay, you're ready to leave the river. Cross that little wooded bridge again and turn right.

Hiking option: Up the road aways on the left is the Kaymoor Trail. It's an easy but great 2-mile walk (one way) to the remains of the old Kaymoor Mine complex, which alone is good enough reason to take this pleasant walk. The trailhead is on your L at a sharp R bend; pull over to the left and park well off the road. There was a monster flood here a few years ago and it utterly altered the terrain at this trailhead. (That's Wolf Creek by the way.) Enjoy your walk along this old mining *bench* - a road cut into the side of the gorge face to access the mines and to transport the coal out. Amazing. While you're at the mine site, find the descending stairs. This is the STAIRMASTER FROM HELL. If your knees give you trouble, don't even think about it. But hey, you're a dancer! Otherwise, enjoy the descent to the river, keeping in mind you'll have to climb out again eventually.

A shorter (but strenuous), much more fun climb: From the wood stairs, backtrack just a bit, looking uphill. Find the narrow, lichen-covered concrete steps running up the hillside (they start up on the bank, not down at your trail). This is the old Kaymoor Miner's Trail, used by the miners living at the top of the Gorge (the community of Kaymoor Top) to get to and from work each day. It runs at about 45° straight up the Gorge. As you climb it and it gets more overgrown, it really feels like your climbing some old Meso-American temple ruin. Consider climbing those steps after a hard day bent over in the mine digging coal. The stairs end shy of the top, and a trail runs left along the base of the cliff and joins a footpath which does go to the top of the Gorge. You might just feel like turning back at the top of the stairs, just "watch your step" coming down.

Retrace your route back to your car. Continuing up and out of the Gorge, you'll come out back on US 19, but back on the Fayetteville side of the "Big Bridge" again.

Other "Saturday drives": You could combine these for a full morning or more.

#1: Gauley Canyon

This is Wild, Wonderful WV. Allow 2-1/4 hrs. plus however long you wish to spend at the Gauley. Turn right onto Rt. 16 and proceed to Fayetteville. Turn left (N) onto Rt. 19. (Watch your speed in Fayetteville!) Continue north, crossing the Meadow River Bridge into Nicholas County. Continue until you reach Rt 127 at the light at the big U-Save gas station. **SET YOUR ODOMETER TO ZERO HERE!** (Your odo readings may differ slightly from these.)

0.0 Rt. 127

4.8 Stay on 127 here (Whitewater Rd. continues straight)

5.8 Stay on 127

9.5 Left onto Panther Mountain Road. From here on, take your time as road narrows, especially at the many blind turns!

12.8 Arnette Methodist Church

13.1 Stay to right; then pass the 1888 house

14.0 Keep right at fork

14.2 Hard right at fork

15.3 Middle Gauley Campground; road narrower and rougher now

16.2 Water crossing; stay left

16.4 Hard left and through gateway

16.7 Water crossing (waterfall)

16.8 When you see the river through trees on right, pull over left and park. Wallright and downhill to Waterfall at Bucklick Creek. **Do NOT reset odometer. Wet rock is treacherous!**

When you leave Bucklick, pass through gateway and CONTINUE STRAIGHT; do not backtrack.

17.5 Water crossing; stay left

19.0 Stay left

19.6 Cross RR tracks and Peters Creek Bridge. Continue with creek on your right.

20.5 Right onto two-lane (Rt. 39)

23.5 Drennan. Turn right onto Rt. 129 On the way back you'll pass the Carnifax Ferry Rd. This would be a nice, short side trip, especially if you're interested in the Civil War. If you take this side trip, backtrack when you're done, and turn right when you reach Rt. 127. Take 127 back to US-19, and turn right (South).

#2: Babcock State Park Scenic Drive

This is a considerably shorter drive than #1, it's all paved road, and there are maintained hiking trails. Turn right onto Rt. 16 and proceed to Fayetteville. Turn left (N) onto Rt. 19. (Watch your speed in Fayetteville!) Continue to US-6 (AKA Midland Trail), and take a left at the end of the ramp to head toward Rainelle. Follow this road to Rt. 41, and turn R. When 41 and 60 split, turn R, staying on 41. Pass Clifftop Loop Road on R and continue to the main entrance of Babcock State Park. Drive to the bottom of the hill and park. if its lunch time, pick a spot where you like the view and enjoy. The rock pool below the **Grist Mill** was a swimming area in less litigious times. The Grist Mill is purportedly the most photographed structure in the State. You can pick up a trail map in the Office. **Mann's Creek Trail** is a favorite of mine; it's a beautiful creek. When you decide to leave, head back up the hill, passing a left down to a cabin area, and take the next left. This is the service road that will take you to the Manns Creek cabin area and on to the campground. Exit the campground onto Old Clifftop Road. From here, you can turn right and drive to the **Art Gallery**, which you'll find on the left at an intersection. David Weaver and his family are all accomplished artists, and David's Flemish School-type painting is well know and admired. Backtrack and stay on Old Clifftop Road (careful, it winds and is narrow) until it ends at Rt. 60. Continue ahead back to Rt. 19, where you cross over the highway and get in the left lane to get on 19 S, which will take you back to Fayetteville. Turn right at the light to return to Whitewater Whirl, or go left into Fayetteville.

Other excursions:

Tamarack Tamarack is the nation's first and only statewide collection of handmade craft, art and cuisine showcasing The Best of West Virginia. From hand-carved furniture to glass and pottery to Appalachian quilts, Tamarack offers only the best. You will also find a delectable array of regional specialty foods and products, as well as performances, craft demonstrations, and theatre (depending on what's going on when you are there). Plus, they feature THE BEST cafeteria food you'll EVER have, at great prices.

<http://www.tamarackwv.com/> **To get there: Head to Fayetteville, take a right at the light at US-19, and keep going until you begin seeing the distinctive Tamarack signs, which you just follow.**

Beckley Exhibition Coal Mine Call ahead first: (304) 256-1747

This mine tour would be a natural to combine with a visit to Tamarack, since they're in the same general area. The Beckley Exhibition Coal Mine offers visitors a realistic look at coal mining as it was at the turn of the century, both [way] underground and in the coal camp above. It's worth doing!

http://www.beckleymine.com/becm/coal_overview.cfm

To get there: Go to the Fayetteville light at US-19 and turn right (South). Go about 16 miles to Beckley. Take the US-19 S/WV-16 ramp toward NORTH BECKLEY/BRADLEY. Turn LEFT onto WV-16 S. and go 4.8 miles. Turn RIGHT and just ahead, take a SLIGHT LEFT onto ADAIR ST. Then just ahead, Turn LEFT onto EWART AVE. End at 513 Ewart Ave.

Four New River Gorge Bike/Hike Trails

Pick up a trail map at the Canyon Rim Visitors Center

Directions: Turn R out of the County Park Road and proceed to US-19. (Fayetteville is dead ahead.) Turn left at US-19, cross **the New River Gorge Bridge**, and take your first right, which is the Park Service exit. Turn R and enter the **Canyon Rim Visitors Center** lot.

Thurmond to Minden Trail

Length: *2.5 miles* **Rating:**

An easy grade and wide, smooth trail make the Thurmond-Minden Trail one of the most popular trails in the park. It is great for hikers of all ages and levels of fitness, and a great start for beginning mountain bikers. Hiking the entire trail involves a 6.4 mile round-trip journey, though many will choose a shorter 2.5 mile round-trip to the main overlook and back. Along the way, there are good views of Dunloup Creek, the New River, and the historic community of Thurmond.

Though among the easiest trails to navigate in the park, a recent rockslide requires a minor detour up and around on a set of wooden stairs. This trail was originally constructed in 1906, as a railroad line to haul coal from the mines in Minden to the main line tracks in Thurmond. The rail line was abandoned in 1972, and now it is hikers and bikers that follow this historic route.

From the Main Overlook, visitors are presented with a great view of the New River. Trains can be seen travelling the gorge, still carrying coal -- though the coal is no longer coal mined within the gorge. In the summer months, it is also common to see fleets of whitewater rafts floating by.

Cunard - Kaymoor Trail

The Cunard - Kaymoor Trail is a very popular hiking and mountain biking trail that follows an old roadbed as it contours along the side of the gorge. The trail is seven miles long (one-way), and leads to the historic Kaymoor mine site. The trail takes you past some more recent mining operations, and there are a number of fine overlooks of the New River along this trail. This trail is a good intermediate mountain bike ride, with just enough up and down to present a challenge -- but not so much as to make it truly difficult. NOTE: bicycles are not allowed on the Kaymoor Trail past the mine site.

From Kaymoor Top it is 4.2 miles to the Kaymoor Mine and 7.2 miles to Cunard. From Cunard, it is 6.7 miles to the Kaymoor Mine and 7.3 miles to Kaymoor Top.

From Fayetteville: Take WV Route 16 South through the town of Fayetteville. Take a left on Gatewood Road, and go 4.6 miles to the Cunard turn-off. Turn left and go 1.8 miles. Follow signs indicating Cunard River Access. Parking is soon reached on your right, and the trail starts back a short distance on your left.